

Assure A Smile Promotes Awareness for Children's Oral Health Needs

Miami dentist Ted Herrmann, DMD, promotes awareness among South Florida families for children's oral health needs.

Miami, FL ([PRWEB](#)) January 28, 2014 -- Assure A Smile founder and lead dentist, Dr. Ted Herrmann, encourages South Florida families to be proactive in oral health care by focusing on daily brushing, flossing, healthy diets, and regular dental checkups.

The awareness campaign at Assure A Smile begins today and extends through February. Each week, the [Miami dentist office](#) will publish exclusive coverage of oral health studies, holistic health tips, healthy recipes, and more on the Miami Dentist Blog. Families are invited to use the free online resources to develop healthy oral hygiene habits that can be practiced, together.

"I have two young children of my own," explains Dr. Herrmann. "I know how important it is to encourage children to develop good habits at an early age."

Assure A Smile spreads awareness for children's oral health needs at a time when tooth decay, gum disease, and other health issues are alarmingly high among America's youth. Tooth decay has been recognized by the Surgeon General as the most common chronic childhood disease, according to statistics shared in the [Oral Health in America](#) report. That makes tooth decay about five times more common in young children than asthma. Compared to hay fever, tooth decay is about seven times more common.

Moreover, the same Surgeon General report estimates that 51 million hours of school are lost each year to illness related to oral health issues. This statistic illustrates the need for preventative care in not only preserving healthy teeth and gums for life, but also in keeping children present and engaged during a critical period for social and academic development.

Dr. Herrmann also warns that cavities might start long before teeth are developed in young infants. According to [a study conducted at the University of Illinois](#), the gums might serve as a reservoir in which oral bacteria can grow, long before an infant begins teething. This sets the stage for decay as the teeth develop and eventually emerge.

For Miami moms and dads with new infants, Dr. Herrmann recommends following the American Academy of Pediatric Dentistry's [5 tips for cavity prevention for infants](#). Dr. Herrmann also recommends regular dental checkups for children every 6 months. Adults may schedule checkups every 6-12 months, depending on individual needs.

Miami families are invited to visit [AssureASmile.com](#) to learn more about oral health and holistic wellness. For appointments, readers are invited to call directly at 305-274-0047.



Contact Information

Dr. Ted Herrmann, DMD

Assure A Smile

<http://www.assureasmile.com>

+1 305-274-0047

Online Web 2.0 Version

You can read the online version of this press release [here](#).